



## Post Op Instruction after Sedation Dentistry

- Patient cannot drive for 24 hours after sedation.
- Do not operate any hazardous devices for 24 hours.
- A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
- Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered.
- Patient can eat whenever and whatever he/she wants, and patient needs to eat even if he/she does not want to do so.
- Patient needs to drink plenty of fluids as soon as possible. The patients who eat and drink plenty of fluids do the best and usually recuperate the quickest - most within 24 hours.
- Patient may sleep for a long time or may be alert when he/she leaves our office. Attend to both alert and sleepy patients in the same manner; don't trust him/her alone.
- Always hold patient's arm when walking.
- Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.

Following most surgical procedures there may or may not be pain, depending on your threshold for pain.

If you have any questions about these medications interacting with other medications you are presently taking, please call our office first, your physician and/or your pharmacist.

Name: \_\_\_\_\_ Signature/Date \_\_\_\_\_.

Guardian: \_\_\_\_\_ Signature/Date: \_\_\_\_\_.